

Questions to Ask Your Doctor

- How do you distinguish ulcerative colitis from other inflammatory bowel diseases?

- Was this condition caused by my diet?

- Because of this condition, do I need to change my diet?

- Are there any other lifestyle changes I will need to make?

- Are there things that I can do/avoid to prevent future flare-ups?

- What medication(s) will I need to take? For how long?

- What are the side effects of this medication? Are there any that would require immediate medical attention?

- Will these medications affect other conditions I have?

- Will the medication(s) treat my symptoms, or the disease itself?

- Will my condition get worse over time?

- Will surgery be necessary?

- Does this condition increase my risk of other diseases, such as colon cancer?

- Does this condition or medication(s) affect pregnancy?

